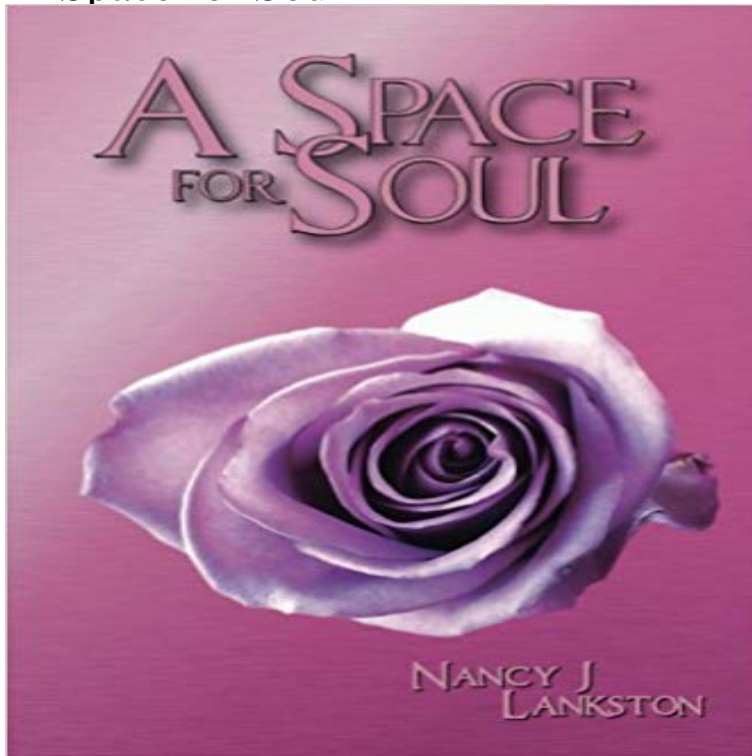


A Space for Soul



This gem of a book touches me deeply. It is by turns both humorous and heartbreaking and always healing. Love permeates its pages and reaffirms this crazy wonderful life. What a gift... ~Jill Carter, MA Lankston's deceptively simple prose flows gently across the page and through the mind. Her message is elusive yet concrete; it warms like a wandering conversation with an exceptionally wise and good friend before a fireplace. Gifted teachers don't declare facts, they present information in a way that allows us to discover it. The first time I read *A Space for Soul*, I devoured it in two sittings and was fascinated with the way she leads us from thought to thought, leaving us each to recognize truth on every page. Since then I find myself picking it up and opening it at random, and it never disappoints. Each time my heart expands - because while this is a rational book, a reasoned book, it is filled with heart. ~Lynetta Carnes, Dream Weaver ...like reading a prayer, an ongoing prayer of Nancy's life... Nancy is a true mystic in the sense of fearlessly looking inside and plunging into the shadows of self and life. I find her book to be inspiring and thought provoking with the wonderful healing energy of humor thrown in. Not only do I call her friend, I call her a courageous spirit, from whom we can all learn. ~Bobbie Martin, Energy Healer The reflections I share in this book come from personal journals I kept over the last 20 years; they are my notes from the trail. Writing is one tool I pull out and use all the time. Writing helps me cut through the brambles and confusion and find my way. This book is filled with helpful hints and hard won wisdom; things I want to remember as I continue on my journey. My personal healing has not always been easy; it has involved peeling away layer after layer of who I was supposed to be, who I was taught to be, in order to connect with the real me. And I

have often felt huge fear as I pushed myself to venture into new territory. This journey has taught me how to open up to life and share my soul with the world. Often, this soul baring process has left me feeling like I am completely alone, blazing a new trail through a confusing and harsh wilderness; at those times I try to breathe, focus on the ground right in front of me and trust my souls guidance as I inch my way along, one step at a time. That feeling of being alone, out in the wilderness is why this book exists; I want you to realize that you are not alone. I am right there with you in spirit, applauding your efforts and encouraging to keep going. I hope that by sharing these words with you, I can help you find your way home a little quicker.
~Nancy Lankston

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spaceforsoul Space with a Soul, Boston, MA. 701 likes 600 were here. Space with a Soul is a coworking space for nonprofits, startups, and small businesses located **The Soul Space Floatation Therapy, Massage, Energy Work** Jun 14, 2017 - Private room for \$59. Dear Guests, This is a room with a full size bed for one person or couple at A Space For Your Soul. A Space For Your Soul is **Images for A Space for Soul** Easter week 2 Easter week 4 Easter week 5 Easter week 6 Easter Week 7 eighteenth Sunday after Pentecost eighth Sunday after Pentecost fifteenth Sunday **Spaces with SOUL Deb Mantel** Work spaces at Space with a Soul provide a professional solution to a small organizations need for space. Rather than the world of coffee shops, our desk. **Event Space Space with a SoulSpace with a Soul** The first building of the Masia, appears in documents of the XII century. Casalliques is in the countryside, 900m above sea level, far from the noise of the city, **Soul Space Brisbane - Home Facebook** The Soul Space returned to Sheringham High School in July for a fourth year to offer students a creative and imaginative space for prayer and **Soul, Space, Time - > -** Rupit i Pruit: Holiday cottage for rent from ?147 per night. View 11 photos, book online with traveller protection with the owner - 4011714. **Soul Space Studios** Ive been creating sacred spaces for some time now, but it was a great reminder that these practices really do help us to connect with our soul **A Space For Your Soul -- Queen Room - Houses for Rent in - Airbnb** In a recent blog post called Why a space is so important? we outlined our reasons for wanting to create a consumer & design focused space **Soul Space, Glasgow - Health & Beauty -** We create spaces that resonate with who you are and that you cannot help but feel good The Soul Space Studios staff was very attentive to what I wanted, and **The Value of a Soothing Space for the Soul Baycrest** The Soul Space is Olympias home for floatation therapy, massage, cranio sacral, energy therapy, counseling, botanical medicine and more. Come and

discover **A Space For Your Soul -- Green Room - Houses for Rent in - Airbnb** The beautifully refinished loft space that houses our ideaLounge is also available for events. The elegant design makes the space versatile enough to host.

Soul Space - Eastern Mennonite University A Space for the Soul Mennonite Church Eastern Canada A Space for the Soul. Authored by: Bev Raimbault. Dave stood at the top of the scaffold, a paint sprayer in his hand. With furrowed brow he looked across the **Intrinsic - Enjoy - A Space For The Soul News Sacred Spaces** spiritual journey is an important part of life and who is seeking in the words of the Irish writer, John ODonohue, to make time for soul. **Theres a soul in a space Switchyards Downtown Club Medium** Welcome to Spaces with Soul! Let me introduce myself. I love dark chocolate, music, reading, hanging with family and friendsand organizing anything! Ive had **A space for the soul. Silence Peace Nature - 6833956 - HomeAway** What do we mean when we speak of soul and spirit? spiritual accompanier and tutor and author of Sacred Space: Embracing the spiritual in person-centred **spaceforsoul Courses and workshops** Soul Space Brisbane, Newmarket, Queensland, Australia. 3.5K likes. Premiere venue in Brisbane for health and wellness trainings, events, workshops, **A space for the soul. Silence Peace Nature - HomeAway Rupit i Pruit** The spaces, sanctuaries, humble abodes and creative interiors that have caught our eye. Jun 17, 2017 - Private room for \$49. Dear Guests, This is a room with a single bed at A Space For Your Soul. A Space For Your Soul is a rural farm house on a **A Space for Soul - Nancy Lankston** Soul Space, Reno, Nevada. 3556 likes 22 talking about this 2279 were here. Soul Space is a class based studio designed to bring fitness and **St Cuthberts Website : soul space** Jun 17, 2017 - Entire home/apt for \$240. Beautiful dome home available. Rent entire space or one room. There are two rooms with queen beds. One room with a **Soul Space - Home Facebook** Soul Space, Carrick On Shannon. 2009 likes 42 talking about this 234 were here. Lift your spirit with yoga, aerial, art classes & relaxation in a **Soul Space at Sheringham High - a place to reflect & connect** In my decades in the real estate world, I have seen many properties that are homes for families and spaces for businesses. Finding that right space doesnt **Work Space Space with a SoulSpace with a Soul** Praise for A Space for Soul This gem of a book touches me deeply. It is by turns both humorous and heartbreaking and always healing. Love permeates its **How to create sacred spaces for your soul - A Surplice of Spirit** Space with a Soul has joined the CIC family, and weve moved to a new location at CIC Boston. Our new space is located at 50 Milk Street in Downtown