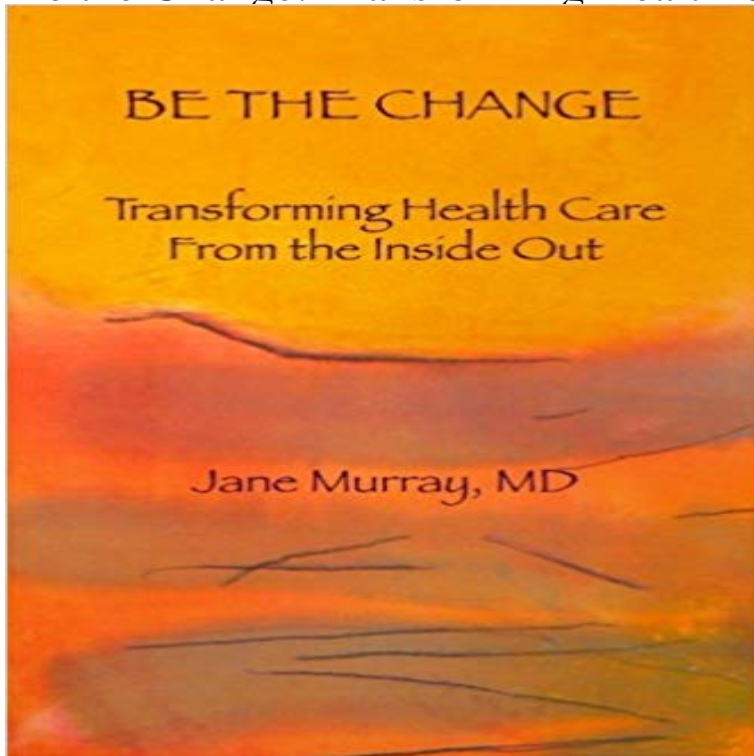


## Be the Change: Transforming Health Care from the Inside Out



Be the Change voices a quest for a reborn and re-humanized health care system - one that honors the values of individuality and healing relationships along with the life-saving technologies we have at our disposal. A new kind of truly healing hospital should be in our future, as well as a new kind of medical school to educate doctors in a way that incorporates effective complementary therapies and includes a more diverse team of healing professionals; and a new kind of payment system from which we expect a high degree of personal responsibility from every party, and offers a high degree of autonomy in return. Be the Change is a must-read for every American who wants to be healthier and receive optimal care in a truly functioning health care system, instead of continuing to flounder in our current system based on illness.

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