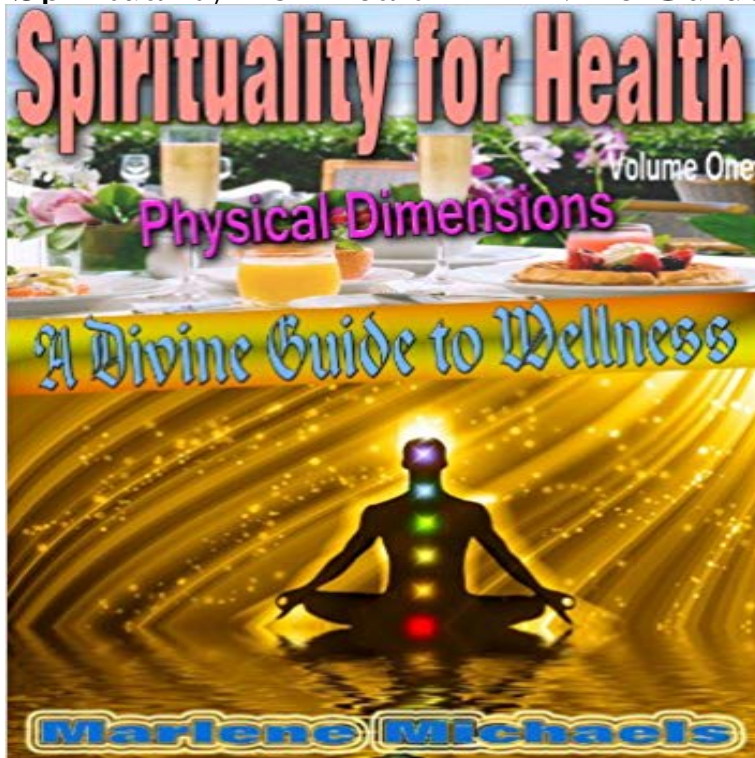


Spirituality For Health A Divine Guide To Wellness Volume 1



At last, a book destined to help you master spirituality and health in a simple way written by Marlene Michaels. She is a visionary in spirituality and wellness and impacts wholeness to people everywhere. Know how your spirit aligns with your body to give you vibrant health. Know how following spiritual principles and practicing them slows down the aging process. Discover how to keep a healthy schedule and see how nutrition improves your spiritual work. Better health and wellness and vigor are yours as you discover how to align yourself and spirituality for your health.

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